



Winter Menu



Monday

- Pork Sausage
- Vegan Sausage (V)
- Pepper Quiche 
- Crushed Mash Peas, Gravy
- Peach Crumble & Custard 

Tuesday

- Moroccan Chicken Tagine 
- Moroccan Sweet Potato Tagine (V)
- Seasoned Cous Cous Sweetcorn Kernels 
- Classic Carrot Cake Or Crunchy Fruity Yoghurt 

Wednesday

- Bolognese Bake
- Vegetable Ragu Bolognese (V) 
- Pasta, Garlic Focaccia Sliced Carrots (V)
- Iced Sponge Cake Or Crunchy Fruity Yoghurt 




Thursday

- Chicken & Leek Pie
- Roasted Butternut Pie (V) 
- Roasted Potatoes Broccoli Cheese Vegetable Medley
- Toffee Puddle Pudding Or Crunchy Fruity Yoghurt 

Friday

- Fish Fingers , or **(Healthier Option : Salmon Fishcake)** 
- Cheesy Omelette (V) 
- Golden Chunky Chips, Garden Peas, Baked Beans or Spaghetti
- Apple & Kale Cake with Custard or Crunchy Fruity Yoghurt 




Available Daily

-  **Jacket Potatoes & Toppings**
- Tomato or Cheese Based Pasta**
- Freshly Made Bread** 
- Freshly Prepared Salad Bar**
- Daily Proteins on Chalkboard**
- Fresh Fruit / Fruit Pots Jelly's Or Fruit Yoghurt** 

Happy New Year

Dietary Requirements : Please Ask a Member of Staff , As we provide a Gluten & Dairy Free Dish Option Daily, Allergen Folder Available at Counter













WEEK 1

  
 F.U.E.L. "Fuelling Unique Everyday Lives"

All our meals are freshly made

Winter Menu



<i>Meat Free Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Available Daily</i>
Classic Cheesy Macaroni	Sausage Arabiatta	Chilli Con Carne	Roast Chicken Thigh & Stuffing	Margherita Pizza	Jacket Potatoes & Toppings
Smoked Vegetable Macaroni (V) 	Vegan Quorn Sausage Arabiatta (V) 	Vegetable Chilli (V) 	Vegetable Moussaka 	Veggie Supreme Pizza (V) 	Tomato or Cheese Based Pasta
Vegetable Curry & Rice	Seasoned Rice Sweetcorn	Tomato Rice Vegetable Medley	Roasted Potatoes Cauliflower Cheese, Carrot & Swede Mash, Gravy	Chunky Chips, Baked Beans, Sweetcorn	Freshly Made Bread
Pasta Garlic & Tomato Focaccia, Broccoli Florets	Chocolate Puddle Pudding Or Fruit Yoghurt 	Orange Drizzle Cake Or Fruit Yoghurt 	Raspberry Flapjack Or Fruit Yoghurt 	Bread and Butter Pudding with Custard Or Fruit Yoghurt 	Freshly Prepared Salad Bar 
Blackberry Sponge with Custard Or Fruit Yoghurt 					Daily Proteins on Chalkboard
					 Fresh Fruit / Fruit Pots Jelly's Or Fruit Yoghurt

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WEEK 2

  
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Winter Menu



Chinese New Year

Chicken Noodles

Vegetable Rice Noodles



Fried Rice, Pak Choi,
 Green Beans, Prawn
 Crackers
 Five Spice Bread

Baked Rice Pudding
 Or
 Smashed Berry
 Yoghurt



Tuesday

Pork Lasagne

Vegetable Lasagne
 (V)



Dough Balls, Mixed
 Vegetables, Roasted
 Root Vegetables

Apple Crumble &
 Custard
 Or Smashed Berry
 Yoghurt



Wednesday

Mild Chicken & Sweet
 Potato Curry

Chickpea & spinach
 Curry (V)



Basmati Rice
 Seasoned Vegetables

Seeded Flapjack
 Or
 Smashed Berry
 Yoghurt



Thursday

Roast Chicken
 & Stuffing

Country Vegetable
 Pie (V)



Roasted Potatoes
 Broccoli Cheese
 Green Beans

Syrup Sponge &
 Custard
 Or
 Smashed Berry Yoghurt



Friday

Battered
 Sausage

Battered Veggie
 Sausage (V)



Chunky Chips
 Baked Beans,
 Garden Peas

Vanilla Sponge &
 Custard
 Or
 Smashed Berry Yoghurt



Available Daily

 **Jacket
 Potatoes
 & Toppings**

**Tomato
 or Cheese
 Based Pasta**

**Freshly Made
 Bread**



**Freshly
 Prepared
 Salad Bar**

**Daily Proteins
 on Chalkboard**

**Fresh Fruit /
 Fruit Pots
 Jelly's Or
 Fruit Yoghurt**



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 Allergen Folder Available at Counter

WEEK 3





F.U.E.L. "Fuelling Unique Everyday Lives"

All our meals are freshly made

Winter Menu



Monday

- Pork Sausage
- Vegan Sausage (V)
- Pepper Quiche 
- Crushed Mash Peas, Gravy
- Peach Crumble & Custard 

Tuesday

- Taco Tuesday Chicken Chilli 
- Veggie Chili (V)
- Seasoned Rice Sweetcorn Kernels 
- Classic Carrot Cake Or Crunchy Fruity Yoghurt 

Wednesday

- Bolognese Bake
-  Vegetable Ragu Bolognese (V)
- Pasta, Garlic Focaccia Sliced Carrots (V)
- Iced Sponge Cake Or Crunchy Fruity Yoghurt 

Thursday

- Chicken & Leek Pie
- Roasted Butternut Pie (V) 
- Roasted Potatoes Broccoli Cheese Vegetable Medley
- Toffee Puddle Pudding Or Crunchy Fruity Yoghurt 

Friday



- Fish Fingers , or **(Healthier Option : Salmon Fishcake)** 
- Cheesy Omelette (V) 
- Golden Chunky Chips, Garden Peas, Baked Beans or Spaghetti
- Apple & Kale Cake with Custard or Crunchy Fruity Yoghurt 

Available Daily

-  **Jacket Potatoes & Toppings**
- Tomato or Cheese Based Pasta**
- Freshly Made Bread** 
- Freshly Prepared Salad Bar**
- Daily Proteins on Chalkboard**
- Fresh Fruit / Fruit Pots Jelly's Or Fruit Yoghurt** 

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WEEK 4

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 F.U.E.L. "Fuelling Unique Everyday Lives"

All our meals are freshly made




Winter Menu



<i>Meat Free Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday MSE7</i>	<i>Available Daily</i>
Classic Cheesy Chicken Macaroni	Sausage Arabiatta	Chilli Con Carne	Margherita Pizza		Jacket Potatoes & Toppings
Smoked Vegetable Macaroni (V) 	Vegan Quorn Sausage Arabiatta (V) 	Vegetable Chilli (V) 	Veggie Supreme Pizza (V) 		Tomato or Cheese Based Pasta
Vegetable Curry & Rice	Seasoned Rice Sweetcorn	Tomato Rice Vegetable Medley	Chunky Chips, Baked Beans, Sweetcorn		Freshly Made Bread
Pasta Garlic & Tomato Focaccia, Broccoli Florets	Chocolate Puddle Pudding Or Fruit Yoghurt 	Orange Drizzle Cake Or Fruit Yoghurt 	Bread and Butter Pudding with Custard Or Fruit Yoghurt 		Freshly Prepared Salad Bar 
Blackberry Sponge with Custard Or Fruit Yoghurt 					Daily Proteins on Chalkboard
					 Fresh Fruit / Fruit Pots Jelly's Or Fruit Yoghurt

Dietary Requirements : Please Ask a Member of Staff , As we provide a Gluten & Dairy Free Dish Option Daily, Allergen Folder Available at Counter

WEEK 5

  
F.U.E.L. "Fuelling Unique Everyday Lives"

All our meals are freshly made