

# Winter Menu



## Monday

Bank Holiday

## Tuesday

Inset Day

## Wednesday

Beef Bolognaise  
Bake

Vegetable Moussaka  
(V)

Vegetable Quiche

Garlic Bread  
Steamed Carrots

Rich Chocolate Rice  
Pudding  
Or  
Key Lime Pot

## Thursday

Roasted  
Chicken & Leek  
Pie

Sweet Potato & Chick  
Pea Roast (V)

Roasted Potatoes

Roasted Seasoned  
Cauliflower  
Broccoli

Sticky Toffee Pudding  
with Toffee Sauce  
Or  
Key Lime Pot

## Friday

Breaded Fish ,  
Fish Fingers  
**(HEALTHY OPTION  
Grilled Whitebait)**

BBQ  
Glazed Bean Burger  
with Redslaw (V)

Golden Chunky Chips,  
Baked Beans  
Garden Peas, Lemon  
Wedge , Tartare Sauce

Doughnuts  
Or  
Key Lime Pot

## Available Daily

**Jacket  
Potatoes  
& Toppings**

**Tomato Based  
Pasta**

**Freshly Made  
Bread**

**Freshly  
Prepared  
Salad Bar**

**Daily Proteins  
on Chalkboard**

**Fresh Fruit /  
Fruit Pots  
Jellies Or  
Fruit Yoghurt**

## Specials

**Watch this  
space for  
Special Theme  
Days , Pop ups  
and more**

**Dietary Requirements : Please Ask a Member of Staff , As we provide a Gluten & Dairy Free Dish Option Daily,  
Allergen Folder Available at Counter**

**WEEK 1**

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*All our meals are freshly made*

# Winter Menu



## Meat Free Monday

Three Cheese  
Macaroni

Fresh Ratatouille &  
Roasted Plum  
Tomatoes (V)

Garlic Bread  
Spaghetti  
Broccoli Florets

BPS Iced Sponge Cake  
Or  
Chocolate Mousse

## Tuesday

Chicken  
Shawarma

Zaatar Squash (V)

Potato Wedges  
Khobez Bread  
Sweetcorn

Fruit Filled  
Meringue Nest  
Or  
Chocolate Mousse

## Wednesday

Loin of Golden Pork  
with Apple Sauce

Roasted Vegetable  
Crumble (V)

Roasted Potatoes  
Cauliflower Cheese,  
Baton Carrots

Treacle Tart  
with Custard  
Or  
Lemon Curd &  
Yoghurt Fool

## Thursday

BBQ  
Chicken Drummers

BBQ Feta Stuffed  
Mushroom (V)

Vegetable Quiche

Seasoned Rice  
Green Beans

Victoria Sponge Cake  
Or  
Lemon Curd &  
Yoghurt Fool

## Friday

Battered Sausage  
Fish Fingers  
**(HEALTHY OPTION  
Poached Haddock)**  
Tartare Sauce

Baked Falafel Wrap

Golden Chunky Chips,  
Baked Beans Garden  
Peas,

Raspberry Flapjack  
Or  
Lemon Curd &  
Yoghurt Fool

## Available Daily

**Jacket  
Potatoes  
& Toppings**

**Tomato Based  
Pasta**

**Freshly Made  
Bread**

**Freshly  
Prepared  
Salad Bar**

**Daily Proteins  
on Chalkboard**

**Fresh Fruit /  
Fruit Pots  
Jellies Or  
Fruit Yoghurt**

## Information

Watch this space for  
Special Theme Days,  
Pop ups and more

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**WEEK 2**

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# Winter Menu



| <i>Monday</i>  | <i>Tuesday</i>   | <i>Wednesday</i>  | <i>Thursday</i>                                   | <i>Friday</i>                                | <i>Available Daily</i>   | <i>Information</i>   |
|--|--|---|---|--|--|--|
| Pork Sausage<br><b>(choices available)</b>                                 | Chicken Lasagne  | Shortcrust Topped Minced Beef Pie                                     | Roasted Gammon & Stuffing                         | BPS Margarita Pizza                          | <b>Jacket Potatoes &amp; Toppings</b>                            | Watch this space for Special Theme Days , Pop ups and more |
| Vegan Sausage  | Vegetable Curry & Rice   | Pizza Supreme (V)   | Lentil Roast Wellington (V)                       | Pizza Supreme (V)                            | <b>Tomato Based Pasta</b>  |  |
| Mashed Potato<br>Garden Peas<br>Gravy                                      | Freshly Steamed Broccoli Florets<br>Garlic Bread ,<br>Naan Bread | Stuffed Cheesy Leek Potato  | Roasted Potatoes                                  | Goats Cheese Tart                            | <b>Freshly Made Bread</b>  |  |
| Golden Syrup & Apple<br>Sponge with Custard<br>Or<br>Fruity Yoghurt Crunch | Iced Finger<br>Or<br>Fruity Yoghurt Crunch                       | Buttery New Potatoes<br>Peas & Carrots<br>Roasted Butternut & Peppers | Broccoli Cheese ,<br>Green Beans                  | Julianne Fries<br>Baked Beans ,<br>Sweetcorn | <b>Freshly Prepared Salad Bar</b>                                |  |
|  |  | Chocolate Puddle<br>Pudding<br>Or<br>Fruity Yoghurt Crunch            | Peach Crumble with<br>Custard<br>Or<br>Waffle Pot | Classic Flapjack<br>Or<br>Waffle Pot         | <b>Daily Proteins on Chalkboard</b>                              |  |
|  |  |   |   |  | <b>Fresh Fruit / Fruit Pots<br/>Jellies Or<br/>Fruit Yoghurt</b> |  |
|  |  |   |   |  |  |  |

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**WEEK 3**

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# Winter Menu



## Monday

Braised Chilli Beef with  
 a Mild Chipotle Sauce

Bean Chilli with Fresh  
 Garlic & Mushrooms

Skin on Wedges,  
 Sweetcorn , Taco

Orange Drizzle Cake  
 Or  
 Mango Fool

## Tuesday

Thai Green Curry,  
 Coriander,  
 Coconut Milk

Thai Red Curry ,  
 Coriander,  
 Coconut, Lemon  
 Grass & Butternut

Basmati Rice  
 Spring Roll ,  
 Broccoli Floret  
 Prawn Crackers

Apple Shortcake  
 Crumble with  
 Custard  
 Or  
 Mango Fool

## Wednesday

Beef Bolognese  
 Bake

Vegetable Moussaka  
 (V)  
 Vegetable Quiche

Garlic Bread  
 Steamed Carrots

Rich Chocolate Rice  
 Pudding  
 Or  
 Key Lime Pot

## Thursday

Roasted  
 Chicken & Leek  
 Pie

Sweet Potato & Chick  
 Pea Roast (V)

Roasted Potatoes

Roasted Seasoned  
 Cauliflower  
 Green Beans

Sticky Toffee Pudding  
 with Toffee Sauce  
 Or  
 Key Lime Pot

## Friday

Breaded Fish ,Fish  
 Fingers  
**(HEALTHY OPTION  
 Grilled Fish)**

BBQ  
 Glazed Bean Burger  
 with Redslaw (V)

Golden Chunky Chips,  
 Baked Beans  
 Garden Peas, Lemon  
 Wedge , Tartare Sauce

Doughnuts  
 Or  
 Key Lime Pot

## Available Daily

**Jacket  
 Potatoes  
 & Toppings**

**Tomato Based  
 Pasta**

**Freshly Made  
 Bread**

**Freshly  
 Prepared  
 Salad Bar**

**Daily Proteins  
 on Chalkboard**

**Fresh Fruit /  
 Fruit Pots  
 Jellies Or  
 Fruit Yoghurt**

## Specials

**NEXT TUESDAY  
 Chinese  
 New Year**



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**WEEK 4**

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# Winter Menu



## Meat Free Monday

Three Cheese  
Macaroni

Fresh Ratatouille &  
Roasted Plum  
Tomatoes (V)

Garlic Bread  
Spaghetti  
Broccoli Florets

Bps Iced Sponge Cake  
Or  
Chocolate Mousse

## Tuesday

Chicken Chow Mein  
Beef in Black Bean

Veggie Chow Mein  
Vegan Chunks in Black  
Bean

Fried Rice  
Pak Choi /Baby Corn  
Prawn Crackers  
Fortune Cookie

Fruit Filled  
Meringue Nest  
Or  
Chocolate Mousse  
Bean

## Wednesday

Loin of Golden Pork  
with Apple Sauce

Roasted Vegetable  
Crumble (V)

Roasted Potatoes  
Cauliflower Cheese,  
Baton Carrots

Treacle Tart  
with Custard  
Or  
Lemon Curd &  
Yoghurt Fool

## Thursday

BBQ  
Chicken Drummers

BBQ Feta Stuffed  
Mushroom (V)

Vegetable Quiche

Seasoned Rice  
Green Beans

Victoria Sponge Cake  
Or  
Lemon Curd &  
Yoghurt Fool

## Friday

Battered Sausage  
Fish Fingers  
**(HEALTHY OPTION  
Poached Haddock)**  
Tartare Sauce

Baked Falafel Wrap

Golden Chunky Chips,  
Baked Beans Garden  
Peas,

Raspberry Flapjack  
Or  
Lemon Curd &  
Yoghurt Fool

## Available Daily

**Jacket  
Potatoes  
& Toppings**

**Tomato Based  
Pasta**

**Freshly Made  
Bread**

**Freshly  
Prepared  
Salad Bar**

**Daily Proteins  
on Chalkboard**

**Fresh Fruit /  
Fruit Pots  
Jellies Or  
Fruit Yoghurt**

## Information

**CHINESE  
NEW  
YEAR**

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WEEK 5

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| Vegan Sausage  | Vegetable Curry & Rice   | Pizza Supreme (V)   | Lentil Roast t Wellington (V)                     | Pizza Supreme (V)                            | <b>Tomato Based Pasta</b>  |  |
| Mashed Potato<br>Garden Peas<br>Gravy                                      | Freshly Steamed Broccoli Florets<br>Garlic Bread ,<br>Naan Bread | Stuffed Cheesy Leek Potato  | Roasted Potatoes                                  | Goats Cheese Tart                            | <b>Freshly Made Bread</b>  |  |
| Golden Syrup & Apple<br>Sponge with Custard<br>Or<br>Fruity Yoghurt Crunch | Iced Finger<br>Or<br>Fruity Yoghurt Crunch                       | Buttery New Potatoes<br>Peas & Carrots<br>Roasted Butternut & Peppers | Brocflower Cheese ,<br>Green Beans                | Julianne Fries<br>Baked Beans ,<br>Sweetcorn | <b>Freshly Prepared Salad Bar</b>                                |  |
|  |  | Chocolate Puddle<br>Pudding<br>Or<br>Fruity Yoghurt Crunch            | Peach Crumble with<br>Custard<br>Or<br>Waffle Pot | Classic Flapjack<br>Or<br>Waffle Pot         | <b>Daily Proteins on Chalkboard</b>                              |  |
|  |  |   |   |  | <b>Fresh Fruit / Fruit Pots<br/>Jellies Or<br/>Fruit Yoghurt</b> |  |
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**WEEK 6**

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