



PSHCEE LONG TERM & MEDIUM TERM PLAN

Banstead Preparatory School uses Jigsaw PSHE resources. 1Decision and PSHE Association resources are also used to supplement Jigsaw resources. The whole school will follow the structure outlined below, revisiting themes each year in greater detail and depth. Please see Jigsaw puzzle maps for more detail (medium term planning folder).

Jigsaw Content

Term	Puzzle name	Content
Autumn 1:	Being Me in My World	Includes understanding my place in the class, school and global community (as well as devising Learning Charters)
Autumn 2:	Celebrating Difference	Includes anti-bullying (cyber and homophobic bullying included) and diversity work
Spring 1:	Dreams and Goals	Includes goal-setting, aspirations, working together to design and organise fund-raising events
Spring 2:	Healthy Me	Includes drugs and alcohol education, self-esteem and confidence as well as healthy lifestyle choices
Summer 1:	Relationships	Includes understanding friendship, family and other relationships, conflict resolution and communication skills
Summer 2:	Changing Me	Includes Sex and Relationship Education in the context of looking at change

Jigsaw covers all areas of PSHE for the primary phase. NB: All topics may be changed according to circumstances within classes during the year.

PSHCEE Medium Term Overview						
	Autumn Term 1 Being me in my World	Autumn Term 2 Celebrating Difference	Spring Term 1 Dreams and Goals	Spring Term 2 Healthy me	Summer Term 1 Relationships	Summer Term 2 Changing me
Y1	<ul style="list-style-type: none"> • Special and Safe • My Class • Rights and Responsibilities • Rewards and Feeling Proud • Consequences • Owing our learning charter 	<ul style="list-style-type: none"> • The same as... • Different from.... • What is bullying? • What can I do about bullying? • Making new friends • Celebrating difference; celebrating me 	<ul style="list-style-type: none"> • My treasure chest of success • Steps to goals • Achieving together • Stretchy Learning • Overcoming obstacles • Celebrating my success 	<ul style="list-style-type: none"> • Being healthy • Healthy choices • Clean and Healthy • Medicine safety • Road safety • Happy, Healthy me 	<ul style="list-style-type: none"> • Families • Making friends Greetings • People who help us • Being my own best friend • Celebrating my special relationships 	<ul style="list-style-type: none"> • Life cycles • Changing me • My changing body • Boys' and Girls' Bodies • Learning and growing • Coping with changes

Y2	<ul style="list-style-type: none"> • Hopes and fears for the year • Rights and responsibilities • Rewards and consequences • Our learning charter • Owing our learning charter 	<ul style="list-style-type: none"> • Boys and girls • Boys and girls • Why does bullying happen? • Standing up for myself and others • Making a new friend • Celebrating difference and still being friends 	<ul style="list-style-type: none"> • Goals and success • My learning strengths • Learning with others • A group challenge • Continuing Our Group Challenge • Celebrating Our Achievement 	<ul style="list-style-type: none"> • Being Healthy • Being relaxed • Medicine safety • Healthy eating • Healthy eating • The Healthy eating cafe 	<ul style="list-style-type: none"> • Families • Keeping safe – exploring physical contact • Friends and conflict • Secrets • Trust and appreciation • Celebrating my special relationships 	<ul style="list-style-type: none"> • Life cycles in nature • Growing from young to old • The changing me • Boys and girls bodies • Assertiveness • Looking ahead
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	Autumn Term 1 Being me in my World	Autumn Term 2 Celebrating Difference	Spring Term 1 Dreams and Goals	Spring Term 2 Healthy me	Summer Term 1 Relationships	Summer Term 2 Changing me
Y3	<ul style="list-style-type: none"> • Getting to know each other • Our nightmare school • Our dream school • Rewards and consequences • Our learning charter • Owing our learning charter 	<ul style="list-style-type: none"> • Families • Family conflict • Witness and feelings • Witness and solutions • Words that harm • Celebrating difference: compliments 	<ul style="list-style-type: none"> • Dreams and goals • My dreams and ambitions • A new challenge • Our new challenge • Our new challenge – overcoming obstacles • Celebrating My learning 	<ul style="list-style-type: none"> • Being fit and healthy • Being fit and healthy • What do I know about drugs? • Being safe • Being safe at home • My amazing body 	<ul style="list-style-type: none"> • Family roles and responsibilities • Friendship • Keeping myself safe • Being a global citizen 1 • Being a global citizen 2 • Celebrating my web of relationships 	<ul style="list-style-type: none"> • How babies grow • Babies • Outside body changes • Inside body changes • Family stereotypes • Looking Ahead
Y4	<ul style="list-style-type: none"> • Becoming a class 'team' • Being a school citizen • Rights, responsibilities and democracy • Rewards and consequences • Our learning charter • Owing our learning charter 	<ul style="list-style-type: none"> • Judging by appearances • Understanding influences • Understanding bullying • Problem solving • Special me • Celebrating difference: how we look 	<ul style="list-style-type: none"> • Hopes and dreams • Broken dreams • Overcoming disappointment • Creating new dreams • Achieving goals • We did it! 	<ul style="list-style-type: none"> • My friends and me • Group dynamics • Smoking • Alcohol • Healthy and friendships • Celebrating my inner strength and assertiveness 	<ul style="list-style-type: none"> • Relationships web • Love and loss • Memories • Are animals special? • Special pets • Celebrating my relationships with people and animals 	<ul style="list-style-type: none"> • Unique me • Having a baby • Girls and puberty • Circles of change • Accepting change • Looking ahead

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Y5	<ul style="list-style-type: none"> • My year ahead • Being me in Britain • Y5 responsibilities • Rewards and Consequences • Our learning charter • Owing our learning charter 	<ul style="list-style-type: none"> • Different cultures • Racism • Rumours and name calling • Types of bullying • Does money matter? • Celebrating difference across the world 	<ul style="list-style-type: none"> • When I grow up (my dream life-style) • Investigate jobs and careers • My dream job. Why I want it and the steps to get there • Dreams and Goals of Young People in Other Cultures • How Can We Support Each Other? • Rallying Support 	<ul style="list-style-type: none"> • Smoking • Alcohol • Emergency aid • Body image • My relationship with food • Healthy me 	<ul style="list-style-type: none"> • Recognising me • Getting on and falling out • Girlfriends and boyfriends 1 and 2 • Relationships and Technology 1 and 2 	<ul style="list-style-type: none"> • Self and body image • Puberty for girls • Puberty for boys • Conception • Looking ahead • Looking ahead to Year 6
Y6	<ul style="list-style-type: none"> • My year ahead • Being a global citizen 1 and 2 • The learning charter • Our learning charter • Owing our learning charter 	<ul style="list-style-type: none"> • Am I normal? • Understanding disability • Power struggles • Why bully • Celebrating difference 1 and 2 	<ul style="list-style-type: none"> • Personal learning goals • Steps to success • My dream for the world • Helping to make a difference 1 and 2 • Recognising our achievements 	<ul style="list-style-type: none"> • Food • Drugs • Alcohol • Emergency aid • Emotional and mental health • Managing stress 	<ul style="list-style-type: none"> • My relationship web • Love and loss 1 • Love and loss 2 • Power and control • Being safe with technology 1 and 2 	<ul style="list-style-type: none"> • My self image • Puberty • Girl Talk/Boy Talk • Babies - Conception to Birth • Attraction • Transition to Secondary School

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Whole School focus	<ul style="list-style-type: none"> • Rewards & consequences • School rules • Organisation of pupil parliament 	<ul style="list-style-type: none"> • National Anti-bullying week • Bonfire Night • Road Safety Week • International Children's Day 	<ul style="list-style-type: none"> • UNICEF Day of Change • Recycling Week 	<ul style="list-style-type: none"> • International Women's Day • Mother's Day • Father's Day • Red Nose Day • Fair Trade Fortnight • International Book Day 	<ul style="list-style-type: none"> • Father's Day • Family Week • National Children's Day • Disability Awareness Day • Jeans for Genes Day 	<ul style="list-style-type: none"> • Refugee Week • World Environment Day • International Week • My Money Week